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Good News, Bad News: The Infosec Issues of Usenet

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Introduction

To the majority of today's users, the Internet mostly means Web browsing and searching, E-mail, online transactions, games, and various flavors of chat. Only seasoned Internet veterans, or the more curious, stubborn and/or technically inclined newer users, will likely bother with Usenet, AKA Network News (or sometimes just News). Compared to its brethren, the face of Usenet isn't very pretty or user-friendly: no graphics, no flash, and no streaming media. Usenet demands some effort to figure out what it's for and how to use it: more than just an intuitive point and a click. Members of the academic community have been utilizing Usenet for many years (even before the invention of the Internet), and are likely well aware of its benefits and risks. For them, much of the information here will be "old News". For those of us from the private sector, and others who are relative newcomers, some introductory information on Usenet may be helpful. (1)

First, a brief history review: Usenet was developed in 1979 by Tom Truscott and Jim Ellis, and based on the UNIX UUCP protocol. (2) Its original purpose was to allow messages to be shared among groups of UNIX system users. Over time these discussion groups, now more commonly

referred to as newsgroups, became increasingly wider in audience and subject material. In these early years of Usenet software development by a number of talented people resulted in three major releases of Usenet server software, referred to as News A, News B, and News C. During this period, Usenet was largely confined to University and ARPANET use.

As the Internet developed and Usenet usage grew, the UUCP protocol was found to have some shortcomings for supporting the Usenet service. UUCP was subsequently augmented by, and eventually mostly displaced by, the NNTP service of the TCP protocol. NNTP was defined in RFC 977 in 1986, and is assigned to TCP port 119. (3) The first version of today's de facto standard for News server software, called InterNetNews or INN, was written by Rich Salz and released in 1992. INN is Open Source software, and is maintained by the Internet Software Consortium. (4) To put some historical perspective on all of this, the World Wide Web service was not introduced until 1991, twelve years after Usenet and five years after NNTP. (5)

The Good News

Usenet continues to be a significant presence on the Internet. Estimates place the total number of Internet newsgroups somewhere over 50,000. (6, 7) A typical Internet News server carries thousands of active newsgroups. Of two commercial Internet provider news servers I recently sampled, one provided nearly 33,000 and the other over 36,000 groups.

The "good News" is that this service continues to provide a large number of useful forums for information and problem sharing on a variety of academic, computing-related, and other

constructive topics. Some active examples in the Infosec (Information Security) subject area are comp.security.firewalls, comp.os.linux.security, comp.security.unix, and microsoft.public.win2000.security. Although web-based alternatives have recently proliferated, newsgroup forums are still often the best, and sometimes the only, way to find help with some of the personal and professional challenges people face.

Even though Usenet is not as popular as E-mail or the Web, support for Usenet technology is ubiquitous. The newsreader software required to access Usenet is bundled with popular E-mail packages and/or Web browsers, for example Microsoft Outlook Express/Internet Explorer, and Netscape Communicator. There are also a large number of commercial and freeware dedicated newsreader packages available for every computer platform. Virtually every significant Internet provider has one or more News servers. Apparently, there must be more than just a handful of academics and technical types using this service to justify all this, and that is where some of the “bad News” comes in.

The Bad News

If Usenet were a text-only service, it probably would have been relegated to obscurity some time ago. However, Usenet messages (AKA articles) also support large binary attachments. Coupled with a libertarian Usenet culture regarding what constitutes an acceptable newsgroup, availability of “anonymous” access (termed “lurking”), and lack of a built-in mechanism to facilitate monetary exchange, this has resulted in the free sharing of virtually every kind of electronic

content imaginable. As a result, a significant number of new Usenet users have been attracted to this (in some cases illicit) windfall.

To examine this in more detail, a word about how newsgroups are organized is needed.

News groups are organized in a “dotted” hierarchical structure somewhat like DNS, except the notation is “top-down” rather than “bottom-up” reading from left to right. Some of the most notable top newsgroup subject hierarchies are: comp: computing; misc: miscellaneous; news: commercial news feeds; humanities: classics and philosophy; rec: recreation; sci: science; soc: society, culture and genealogy; talk: philosophical, social and political discussions; alt: “alternate” discussions. There are dozens of other top-level subject areas, including designations for various countries. (8) The sub-divisions under the main hierarchies are largely arbitrary, named by those who started the group, however there are some conventions. (9) One lower-level name of particular interest is the label “binaries”, which typically denotes that binary attachments are permitted by a particular newsgroup’s charter. (10)

Some of the newsgroups under the “alt” (alternate) main subject hierarchy, and also many of the “binaries” groups, give cause for concern. The alt hierarchy is probably the single largest top-level topic. On one server that I sampled, alt newsgroups accounted for over 38% of the total number of groups. Sampling the names of newsgroups available under “alt” on a typical public News server provides a hint of some of the available content. [Table 1]

Please note that I have not reviewed the actual content within these newsgroups in the table. It is possible that some of the groups listed have very legitimate and constructive purposes. For

example, the term “hacker” has an honorable connotation in some programming circles. I apologize to the members of any such newsgroups that are included. However, the names of most of these groups suggest that their content is questionable at best, and may include cracker tools and information, pornography, warez (pirated software), or digitized versions of copyrighted music, movies, or other copyrighted material.

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Search on: warez OR crack	Search on: music OR movies AND binaries
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Table 1: A sampling of newsgroups in the alt hierarchy, found using various search terms.

Content, Liability, and Policy

The availability of questionable content in newsgroups raises questions of liability and acceptable use for organizations that provide Internet access to their personnel. Details of the legal and financial liabilities will depend on jurisdiction and circumstances, and discussion of them is beyond the scope of this article. Consult your local legal counsel for advice. There are however some policy issues that should be considered.

Many organizations have developed usage policies for Internet Web and E-mail use, and/or monitor or filter access to inappropriate content. However, if these policies are too narrow and concentrate only on Web and E-mail they may fail to address newsgroup access, resulting in a loophole or blind spot. To compound the problem, commercial monitoring, filtering, reporting, and even logging tools are geared primarily toward Web and E-mail content rather than newsgroups. As a result, Usenet can become a covert channel for moving all kinds of information and files in or out of an organization. Inappropriate newsgroup traffic can easily slip through the cracks, if access is unrestricted.

Another risk is that Usenet abuse by users within your organization could result in revocation of either your organization's Usenet privileges, or in extreme cases of your Internet connection. In 1998, and again in early 2000, the @Home network was threatened with "UDP" (Usenet Death Penalty) by the Usenet community, because of excessive spamming activity by @Home users.

(11) An additional issue is that excessive use even of acceptable newsgroups may present a productivity problem for your organization's management.

Viruses, Trojans, and Worms

Users of any newsgroup, not just the “alt”, or “binaries” ones, are potential targets for most of the varieties of malicious software, such as viruses, worms and Trojan horse programs, that otherwise are often propagated by E-mail. The first reported instances of several significant viruses have been in newsgroups. The Melissa virus and, more recently, the Anna Koumikova virus, are examples. (12, 13) In these cases, the virus was likely deliberately posted by an individual. However, some malware postings may be the result of an infected system automatically replicating a newsgroup-enabled worm without the system owner’s knowledge. Several viruses and worms propagate in the manner, for example the Happy99 Trojan, the Kak worm, and more recently the Godzilla worm. (14, 15, 16) Although “non-binaries” newsgroups typically do not by charter permit binary attachments, some news servers may not discriminate between groups, and process attachments destined for “non-binaries” groups.

Newsgroups have also been utilized as self-update resources by malware. The Hybris virus plugin, for example, checks a specific newsgroup for upgrades to itself. (17) Another way that crackers employ Usenet to support hacking activity is by posting executables for various backdoor Trojans, such as the SubSeven Trojan, on newsgroups. These are usually disguised as a tempting attachment, for example "SexxyMovie.mpeg.exe", to trick the unwary into opening them. (18)

The bottom line is that Usenet is a malware transmission vector nearly as effective as E-mail, even if not quite as widely used. Even if a person only uses E-mail, and does not access Usenet, they may still be vulnerable since the newsreader software is often bundled and installed with E-mail or Web browsers. More important, as in the case of content control, centralized virus scanning tools have concentrated on E-mail and web, but not News traffic. As a result, newsgroup access can provide a vulnerable malware entry point in an otherwise well-protected environment.

Privacy and Confidentiality Issues

Earlier in this article I mentioned that newsgroups offered the capability for “anonymous” access, which is referred to as “lurking”. The reason for the quotes around “anonymous” is that the anonymity of lurking really only extends to other users of the newsgroup, provided that you do not post (send a message) to the group. Lurker activity, including newsgroups accessed, message downloads, network addresses, and other information, can be logged by the operator of the news server. (19)

If a user posts to a newsgroup, they have just made themselves very public. This can be the case even if they have taken steps to hide their identity, such as a false E-mail address, or even forging message headers. Usenet message headers can be analyzed not only by News server administrators, but also by clever users, and often tracked back to the original poster. (20)

Network News is by nature a very public medium, with largely unrestricted worldwide exposure. Avoid posting confidential information in an Internet newsgroup: you never know who might be “lurking”. Also, bear in mind that in posting you are creating a document that may be publicly available for a long time. This is even more the case with News than with E-mail. Google (previously DejaNews) maintains a database of over 650 million newsgroup messages dating back through 1995, and serves them up in searchable web format. (21) As a result, an ill-considered remark could come back to haunt you, or your organization, at some time in the future. Various government agencies have expressed interest in monitoring newsgroups (22), and rumors periodically circulate that some agencies have done so for years. (23)

Usenet Server and Client Vulnerabilities

News servers have had vulnerabilities from time to time, though perhaps less frequently than other, more rapidly evolving Internet services. The most recent CERT advisory related to Usenet dates back to 1997. (24) However, other vulnerabilities, including root exploits, have been posted for various News server packages more recently. One of the more recent vulnerability reports is of a potential buffer overflow in the Debian OS distribution of inn2. (25) Non-UNIX News servers have also reported vulnerabilities, for example buffer overflows in the News server incorporated with Microsoft Exchange 5.0 and 5.5. (26, 27)

Client software vulnerabilities are also a concern. This is partly because newsreaders are integrated with the most popular E-mail and/or browser applications. As a result, they often share, or contribute to, the vulnerabilities of their bundled applications. An example is the well-

publicized susceptibility of Microsoft Outlook (which incorporates a newsreader) to various macro viruses and scripting exploits. Vulnerabilities in Outlook and/or Outlook Express continue to crop up. (28) Microsoft does not have a monopoly on vulnerabilities and other newsreaders have also experienced them, including the Netscape newsreader (29), and most recently the Debian slrn newsreader. (30)

Mitigating the Risks

For many organizations and individuals, Usenet access is not essential. If this is the case, the most effective means of minimizing the associated risk is to eliminate or restrict access. This can be accomplished on a personal or corporate firewall with reasonable effectiveness by blocking TCP port 119, or by turning off any Usenet or Network News proxies. While it is possible to run the Network News service on other ports, it would be unusual for a normal Internet News server to do so. Whether or not blocking NNTP is suitable depends on your organization's policies, or management discretion. Restricting access by controlling the installation of newsreader software can only be effective if workstations are solidly 'locked-down', since various newsreaders are so freely available and easily installed.

If your organization does permit newsgroup access, usage policies should be reviewed to ensure that Usenet access is covered. In order to control and/or monitor access, consider channeling an Internet Usenet newsfeed to end users through a news server operated by your organization, rather than allowing direct access to Internet servers. This can provide the capability to exclude unwanted content, log usage, and possibly to scan incoming content, if required by your policies.

At home, as well as at work, you should ensure that personal computers are kept up-to-date on patches, virus scanning software, and virus signature files. You should of course be doing this anyway, as part your general computer security plan. Users need to be made aware that the same risks apply to news attachments as do to E-mail ones.

On the privacy front, whether at home or at work, exercise discretion in what you post to a newsgroup. Remember that the audience to your words can potentially be the entire world, and that a record of what you say could persist a long time. Also remember that the anonymity of 'lurking' is somewhat of an illusion.

Conclusion

Usenet, AKA Network News, still provides value in some areas, but there are also a number of associated risks. These include inappropriate content, malware and privacy issues, and to a lesser extent occasional server and client vulnerabilities. Availability of commercial monitoring and scanning tools for News access is limited. For many organizations, restricting access may be the most practical way to minimize the risks. If News access is necessary, channeling access through an internal server, and a "Defense in Depth" strategy can be helpful in preventing content and virus problems. As with other information security risks, incorporating Usenet information into user awareness training can also reduce exposure.

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